

Nutrition Facts

Serving Size 1 Bag

Amount Per Serving

Calories 120 **Calories from Fat** 20

% Daily Value*

Total Fat 2g **3%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 10mg **3%**

Sodium 150mg **6%**

Potassium 65mg **2%**

Total Carbohydrate 5g **2%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 21g **42%**

Vitamin A 0% • **Vitamin C** 2%

Calcium 15% • **Iron** 0%

Phosphorus 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4