

**Ingredients:** Protein Blend (OhYeah!® Blend Consisting of Whey Protein Isolate, Milk Protein Isolate), Isomalto-Oligosaccharides (Prebiotic Fiber), Maltitol, Glycerine, Sunflower Seed Butter, Palm Kernel Oil, Natural and Artificial Flavors, Non-Fat Dry Milk, Soy Lecithin (an Emulsifier), Salt, Tapioca Starch, Calcium Carbonate, Beta Carotene (For Color), Distilled Monoglycerides and Sucralose.

**ALLERGY ALERT:** This Product Contains Milk and Soy. | \* **NET CARBS = TOTAL CARBS - FIBER - SUGAR ALCOHOLS**

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# ONE

**ONLY 1G SUGAR • 22G PROTEIN**

NET WT 2.12 OZ (60g)

**LEMON CAKE**  
FLAVOR



Naturally & Artificially Flavored Protein Bar



<b>Nutrition Facts</b>	
Serving Size 1 bar (60g) Servings Per Container 1	
<b>Amount Per Serving</b>	
<b>Calories</b> 220	
Calories from Fat 60	
	<b>% Daily Value*</b>
<b>Total Fat</b> 7g	<b>11%</b>
Saturated Fat 5g	<b>25%</b>
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 1g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 160mg	<b>7%</b>
<b>Potassium</b> 90mg	<b>3%</b>
<b>Total Carbohydrate</b> 23g	<b>8%</b>
Dietary Fiber 10g	<b>40%</b>
Sugars 1g	
Sugar Alcohol 10g <small>(sugar alcohols total includes 5g of glycerine)</small>	
<b>Protein</b> 22g	<b>44%</b>
<b>Vitamin A</b> 0%	<b>Vitamin C</b> 0%
<b>Calcium</b> 8%	<b>Iron</b> 4%
<b>Phosphorus</b> 6%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500mg 3,500mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	
<b>100274v01</b>	
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