Nutrition Facts

12 servings per container Serving size 1 bar (60g)

Amount per serving

Calories

220

% Dai	ily Value*
Total Fat 9g	12%
Saturated Fat 3.5g	18%
Trans Fat Og	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 3g	
Cholesterol 5mg	2%
Sodium 140mg	6%
Total Carbohydrate 24g	9%
Dietary Fiber 8g	29%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Sugar Alcohol Og	
Protein 20g	40%
Vitamin D Omcg	0%
Calcium 81mg	6%
Iron Omg	0%
Potassium 169mg	4%
Phosphorus 163mg	15%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Work. Workouts. Plans. Change of plans.
Life is complicated. But ONE Basix gets you.
With 20 grams of protein, only 1 gram of
sugar and basic ingredients you can trust,
sometimes less is so much more.
Naturally sweetened and simply delicious.

It's All You Need. Nothing You Don't.

ONE BASIX GOES GREAT WITH:







THE GYM

SPIN CLASS







Ingredients: Protein Blend (Milk Protein Isolate, Whey Protein Isolate), Isomalto-Oligosaccharides (Prebiotic Fiber from Vegetable Source), Soluble Vegetable Fiber, Vegetable Glycerin, Cacao, Peanut Flour, Peanut Butter, Cocoa Butter, Peanuts, Natural Flavors, Nonfat Dry Milk, Sunflower Lecithin (an Emulsifier), Sea Salt, Almond Butter and Stevia.

Contains Peanuts, Almonds and Milk.

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