Nutritional information	100g	%(100g)*	56,5g	%(56,5g)*
Energy kcal	407 kca	120%	230 kca	112%
Energy kJ	1704 kJ	20%	963 kJ	11%
Fat	15 g	21%	8,5 g	12%
of which saturates	6,2 g	31%	3,5 g	18%
Carbohydrate	38,9 g	15%	22 g	8%
of which sugars	21,2 g	24%	12 g	13%
Protein	14 g	28%	8 g	16%
Salt	1,02 g	17%	0,58 g	10%
Fibre	8,8 g		5 g	
*Reference intake of an average adult (8 400 kJ/2 000 kcal)				

A protein cookie. Ingredients: protein blend (vital WHEAT gluten, pea protein, rice protein), enriched WHEAT flour (WHEAT flour, malted BARLEY flour, Niacin, reduced iron, thiamin mononitrate, Riboflavin, Folic Acid), humectant: vegetable glycerol, chicory root fibre, cane sugar, invert sugar, palm margarine (palm oil, palm fractions, water, salt, emulsifier (sunflower lecithin, distilled monoglycerides), natural flavouring, acid: citric acid, antioxidant (mixed tocopherols), Vitamin A, colours (beta-carotene)), white chips (sugar, palm kernel oil, palm oil, natural flavouring, emulsifier (sunflower lecithin), salt), oligofructose, MACADAMIA NUTS, emulsifier (sunflower lecithin), natural flavouring, salt, raising agent: baking soda, cultured dextrose, thickener: xanthan gum, thickener: guar gum

May contain eggs, milk, nuts, peanuts, soybeans .

Store in a cool, dry place, out of direct sunlight. Best before date noted according to the United States system (month / day / year).

For best before date: see packaging. Manufactured in: USA. Distributed by: **NASKOR**SPORTS • Trappistenweg 8 • 5932 NB Tegelen • The Netherlands