

Nährwertangaben	pro 1 Kapsel
Vitamine:	
Vitamin A	800 µg (100%)
Vitamin D	5 µg (100%)
Vitamin E	12 mg (100%)
Vitamin C	80 mg (100%)
Vitamin B1	1,1 mg (100%)
Vitamin B2	1,4 mg (100%)
Niacin	16 mg (100%)
Vitamin B6	1,4 mg (100%)
Folsäure	200 µg (100%)
Vitamin B12	2,5 µg (100%)
Biotin	50 µg (100%)
Pantothensäure	6 mg (100%)
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Mineralien:	
Magnesium	90 mg (24%)
Calcium	80 mg (10%)
Kalium	40 mg (2%)
Zink	10 mg (100%)
Eisen	1 mg (7%)
Mangan	1 mg (50%)
Kupfer	150 µg (15%)
Iod	150 µg (100%)
Chrom	50 µg (125%)
Selen	30 µg (54%)
Extrakt aus grünem Tee (Cammelia sinensis L.) (98% Polyphenole, 55% EGCG)	30 mg
Lutein	2 mg