

Honey & Nut

flavour

NUTRITIONAL INFORMATION

Typical Values	Per 100g	Per 32g serving
Energy	1653kJ	529kJ
	395kcal	126kcal
Fat	9.9g	3.2g
of which saturates	1.1g	0.4g
Carbohydrate	30.6g	9.8g
of which sugars	0.8g	0.3g
Fibre	11.9g	3.8g
Protein	50.92g	16.3g
Salt	0.9g	0.3g