

# CINNAMON & VANILLA

flavour

## NUTRITIONAL INFORMATION

Typical Values	Per 100g	Per 32g serving
Energy	1629kJ	521kJ
	389kcal	124kcal
Fat	10.0g	3.2g
of which saturates	1.1g	0.4g
Carbohydrate	29.2g	9.3g
of which sugars	0.9g	0.3g
Fibre	14.1g	4.5g
<b>Protein</b>	52.1g	<b>16.7g</b>
Salt	0.9g	0.3g