

PROTEIN BITES

Lite



GRILLED CHICKEN

Flavour

NUTRITIONAL INFORMATION

Typical Values	Per 100g	Per pack
Energy	1564kJ	391kJ
	376kcal	94kcal
Fat	5.2g	1.3g
of which saturates	0.8g	0.2g
Carbohydrate	37.2g	9.3g
of which sugars	7.2g	1.8g
Fibre	8.4g	2.1g
Protein	42.4g	10.6g
Salt	3.2g	0.8g