

PROTEIN BITES

Expanded oven baked protein flakes, coated in barbecue chipotle flavour.

INGREDIENTS

Protein Blend (**Soya** Protein Isolate [**Sulphites**], Whey Protein Concentrate [**Milk**], Whey Protein Isolate [**Milk**]), Rice Flour, Barbecue Chipotle Flavour (Spices [Paprika, Chilli, Cumin, Cayenne], Dried Bell Pepper, Sugar, Onion Powder, Salt, Garlic Powder, Tomato Powder, Yeast Extract Powder, Rice Flour, Natural Flavourings, Citric Acid, Natural Colour: Paprika, Smoke Flavouring, Herb [Oregano]), Oligofructose (from Chicory), Rapeseed Oil, Mineral Calcium Carbonate, Antioxidants: Vitamin E and Rosemary Extract.

ALLERGY ADVICE

For allergens, see ingredients in bold. Made in a factory which handles wheat, barley, oat, rye and egg. Packed in premises handling nuts and peanuts. May contain traces of gluten, egg, nuts and peanuts.

NUTRITIONAL INFORMATION

Typical Values	Per 100g	Per pack
Energy	1535kJ	614kJ
	367kcal	147kcal
Fat	6.3g	2.5g
of which saturates	0.8g	0.3g
Carbohydrate	27.9g	11.1g
of which sugars	2.6g	1.0g
Fibre	3.3g	1.3g
Protein	49.7g	20.0g
Salt	2.6g	1.0g