THE TRUE STRENGTH OF FISH OILS

Fish Oils contain long-chain fatty acids including docosahexaenoic acid (DHA) and eicosapentaenoic acid (EPA). DHA and EPA are omega-3 fatty acids with important roles in numerous metabolic functions. They are found in foods like salmon and supplements such as the ON Fish Oil Softgels you're holding in your hand. Our Fish Oil Softgels are enteric-coated, which means that you get the benefits of fish oils without the fishy aftertaste that you might encounter without this special coating.

WARNING: CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT IF YOU ARE TAKING ANY MEDICATIONS OR ARE UNDER A PHYSICIAN'S CARE FOR A MEDICAL CONDITION. NOT FOR USE BY THOSE UNDER THE AGE OF 18 OR WOMEN THAT ARE PREGNANT. TRYING TO GET PREGNANT. OR NURSING.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.







NO FISHY AFTERTASTE

300_{MG} EPA/DHA

ENTERIC-COATED

FISH OIL SOFTGELS

200 SOFTGELS

Supplement Facts

Serving Size 1 Softgel Servings Per Container 200

Amount Per Serving	% Daily	/ Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Fish Oil Total Omega-3 Fatty Acids	1 g 300 mg	**

* Percent Daily Values are based on a 2,000 calorie diet ** Daily Value not established.

EPA (Eicosapentaenoic Acid)

DHA (Docosahexaenoic Acid)

OTHER INGREDIENTS: Gelatin, Glycerin, Ethylcellulose, Sodium Alginate, Vanillin, Purified Stearic Acid, Ammonium Hydroxide, Medium Chain Triglycerides, Oleic Acid, Purified Water.

ALLERGEN INFORMATION: CONTAINS FISH (ANCHOVY, MACKEREL, SARDINE) INGREDIENTS.

MANUFACTURED BY OPTIMUM NUTRITION



975 Meridian Lake Dr. Aurora, IL 60504

SUGGESTED USE: As a dietary supplement, take 1 softgel, up to 3 times daily, with meals.

1 (800) 705-5226 TRUESTRENGTH.COM

MANUFACTURED IN THE USA



