

	Per 100g	Per 75g
Energy	1629kJ/396kcal	1222kJ/297kcal
Fat	14.4g	10.8g
<i>of which saturates</i>	5.5g	4.1g
Carbohydrates	39.4g	29.6g
<i>of which sugars</i>	20.6g	15.4g
Protein	22.2g	16.6g
Salt	0.20g	0.15g
Fibre	5.5g	4.1g