

COCO PRO [P1 20G]

Nutritional Info

Brand/ Product Name: CocoPro - High Protein Coconut Water

Description/ Sell Copy: CocoPro is the world's first high protein pure coconut water. Each drink combines pure coconut water with 20 grams of premium whey protein isolate providing the ultimate fuel for your body when it needs it most. It is naturally rich in electrolytes, provides your recommended daily requirement of vitamin C and contains no added sugar and zero fat.

CocoPro is available in two delicious and refreshing flavours, coconut flavour and pineapple flavour.

Size: 330ml

Flavour: Coconut

Nutritional Values

Typical Values Per 330ml:

Energy (Kj) 578
Energy (Kcal) 137
Fat (g) 0.1
of which saturates (g) Trace
Carbohydrate (g) 10.5
of which sugars 9.1
Protein (g) 20.2
Salt (g) 0.1

Typical Values Per 100ml:

Energy (Kj) 175
Energy (Kcal) 41
Fat (g) Trace
of which saturates (g) Trace
Carbohydrate (g) 3.2
of which sugars 2.8
Protein (g) 6.1
Salt (g) 0.1

Flavour: Pineapple

Typical Values Per 330ml:

Energy (Kj) 586
Energy (Kcal) 138
Fat (g) 0.1
of which saturates (g) Trace
Carbohydrate (g) 11.5
of which sugars 10.1
Protein (g) 20.3
Salt (g) 0.1

Typical Values Per 100ml:

Energy (Kj) 178
Energy (Kcal) 42
Fat (g) Trace
of which saturates (g) Trace
Carbohydrate (g) 3.5
of which sugars 3.1
Protein (g) 6.1
Salt (g) 0.1

Ingredients:

Coconut -

Pure Coconut Water, Water, Whey Protein Isolate, Grape Juice from Concentrate, Dietary Fibre, Natural Flavourings, Stabiliser: Pectin, Antioxidant: Vitamin C, Sweetener: Stevia.

Pineapple -

Pure Coconut Water, Water, Pineapple Juice from Concentrate, Whey Protein Isolate, Dietary Fibre, Natural Flavourings, Stabiliser: Pectin, Antioxidant: Vitamin C, Sweetener: Stevia

Directions/ Tips and Suggested Use:

Consume CocoPro immediately after exercise for superior recovery. Best served chill. Shake well. Consume within 24 once opened.

Suitable for: Vegetarians