Nutritional information	100g	%(100g)*	56,5g	%(56,5g)*
Energy kcal	372 kca	119%	210 kca	111%
Energy kJ	1556 kJ	19%	879 kJ	10%
Fat	8,8 g	13%	5 g	7%
of which saturates	3,1 g	16%	1,8 g	9%
Carbohydrate	45,1 g	17%	25,5 g	10%
of which sugars	19,5 g	22%	11 g	12%
Protein	14 g	28%	8 g	16%
Fibre	8,8 g		5 g	
Salt	0,58 g	10%	0,33 g	6%
*Reference intake of an average adult (8 400 kJ/2 000 kcal)				

A protein cookie. Ingredients: WHEAT flour (WHEAT flour, Niacin, reduced iron, thiamin mononitrate, Riboflavin, Folic Acid), protein blend (vital WHEAT gluten, pea protein, rice protein), chicory root fibre, cane sugar, invert sugar, humectant (vegetable glycerol), palm fruit oil, sprinkles (sugar, vegetable oils (palm and palm kernel oil), corn starch, emulsifier (sunflower lecithin), colours (vegetable juice (colour), annatto extract, spirulina colour extract, turmeric, beta-carotene), maltodextrin, glazing agent (carnauba wax), thickener (cellulose gum)), emulsifier (sunflower lecithin), natural flavouring, raising agent (sodium bicarbonate), salt, thickeners (xanthan gum, guar gum)

May contain eggs, milk, nuts, peanuts, soybeans.

Store in a cool, dry place, out of direct sunlight. Best before date noted according to the United States system (month / day / year).

For best before date: see packaging. Manufactured in: USA. Distributed by: **NASKOR**SPORTS • Trappistenweg 8 • 5932 NB Tegelen • The Netherlands