Nutritional information	100g	%(100g)*	56,5g	%(56,5g)*
Energy kcal	354 kca	118%	200 kca	110%
Energy kJ	1482 kJ	18%	837 kJ	10%
Fat	12,4 g	18%	7 g	10%
of which saturates	7,1 g	36%	4 g	20%
Carbohydrate	54,9 g	21%	31 g	12%
of which sugars	21,2 g	24%	12 g	13%
Protein	14 g	28%	8 g	16%
Salt	0,97 g	16%	0,55 g	9%
Fibre	8,8 g		5 g	
*Reference intake of an average adult (8 400 kJ/2 000 kcal)				

A protein cookie. Ingredients: enriched WHEAT flour (WHEAT flour, Niacin, reduced iron, thiamin mononitrate, Riboflavin, Folic Acid), protein blend (vital WHEAT gluten, pea protein, rice protein), palm margarine (palm oil, palm fractions, water, salt, emulsifier (sunflower lecithin, distilled monoglycerides), natural flavouring, acid: citric acid, antioxidant (mixed tocopherols), Vitamin A, colours (beta-carotene)), semi-sweet chocolate chips (unsweetened chocolate, sugar, cocoa butter, dextrose, natural vanilla), cane sugar, invert sugar, chicory root fibre, oligofructose, humectant: vegetable glycerol, cocoa powder (processed with Alkali), molasses, natural flavouring, emulsifier: sunflower lecithin, raising agent: baking soda, sea salt, cultured dextrose, thickener: xanthan gum, thickener: guar gum

May contain eggs, milk, nuts, peanuts, soybeans.

Store in a cool, dry place, out of direct sunlight. Best before date noted according to the United States system (month / day / year).

For best before date: see packaging. Manufactured in: USA. Distributed by: **NASKOR**SPORTS • Trappistenweg 8 • 5932 NB Tegelen • The Netherlands