

**HORSE POWER® X**  
**Multi-ingredient Supplement**

**Blue Raspberry (Naturally and Artificially Flavored)**

Net Weight: 7.94 oz (225 g)

Serving Size: 1 scoop (approximately 5 g)

Servings Per Container: 45

Amount Per Serving (Percent Daily Value, DV)\*

Calories: 0

Carbohydrates: 0 g (0% DV)

X-1 ENGAGE™

Niacin: 16 mg (80% DV)

Vitamin B6 (as pyridoxine hydrochloride): 16 mg (800% DV)

Vitamin B12: 16 mcg (267% DV)

L-tyrosine: 166 mg<sup>†</sup>

X-2 EVOLVE™

Creatine monohydrate: 1,166 mg<sup>†</sup>

Beta alanine: 1,066 mg<sup>†</sup>

L-citrulline: 1,000 mg<sup>†</sup>

TORABOLIC™ Fenugreek (seed) [Containing 70% Trigimannose]: 166 mg<sup>†</sup>

Capsimax® Capsicum Extract (fruit) [Containing 2% Capsaicinoids]: 33 mg<sup>†</sup>

X-3 EXCEL™

Caffeine Anhydrous: 83 mg<sup>†</sup>

Razberi-K® Raspberry Ketones: 66 mg<sup>†</sup>

*\*Percent Daily Values are based on a 2,000 calorie diet*

*†Daily Values not established*

*Horse Power X® contains approximately 83 mg of caffeine per scoop.*

Other Ingredients: Natural and Artificial Flavors, Citric Acid, Malic Acid, Sucralose, Acesulfame Potassium, and FD&C Blue #1

Directions: On training days, lightly shake the bottle with the cap on, then:

- Beginners: Mix 1 scoop with 1.33 oz (40 ml) cold water
- Advanced: Mix 2 scoops with 2.66 oz (80 ml ) cold water
- Professional: Mix 3 scoops with 4 oz (120 ml) cold water

We strongly recommend starting with 1 scoop to assess tolerance to the ingredients in this product. Drink immediately after mixing. For best results, take Horse Power® X 20 minutes before working out. Do not exceed 3 scoops in a 24-hour period.

**WARNING:** Discontinue use and consult a medical doctor if you experience any unusual symptoms. Do not use Horse Power X if you are under 18 or over 50 years of age. Consult with a medical doctor before use if you have any type of pre-existing medical condition (including family history) or take any type of medication. Do not use if you are pregnant, nursing, or are trying to become pregnant. It is recommended that you do not use this product if you are sensitive to any of the ingredients. After every 6 weeks of continuous use, we recommend discontinuing use for 2 weeks. Consume at least 120 oz (3,600 ml) of water each day you take Horse Power X. We recommend not consuming Horse Power X within 4 hours of bedtime. Do not combine Horse Power X with other caffeinated products. Each scoop of this product contains approximately the same amount of caffeine as 6 oz of coffee. Too much caffeine may cause nervousness, irritability, sleeplessness, and occasionally, rapid heartbeat. Consult your physician before using Horse Power X or beginning any type of exercise program.

TORABOLIC™ is a trademark of Indus Biotech Private Limited. Capsimax® is a registered trademark of OmniActive Health Technologies. Razberi-K® is a registered trademark of Integrity Nutraceuticals International, Inc.

***These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.***