

MUSCLE JUICE REVOLUTION 2600-COOKIES 'N' CREAM

Serving Size: 4 Scoops (about 265g)

Servings per Container: about 8

Amt Per Svg in Water		% DV	Amt Per Svg in 18 fl oz 2% Red Fat Milk		%DV
Calories	1020		1300		
Calories from fat	80		110		
Total Fat	14g	22%	25g		38%
Saturated Fat	3g	15%	10g		50%
Cholesterol	170mg	57%	210mg		70%
Sodium	150mg	6%	190mg		8%
Total Carbohydrates	170g	70%	390g		130%
Sugars	18g		46g		
Protein	56g	112%	74g		148%
Calcium		40%			100%
Iron		4%			6%

Octo-PRO™ Protein Blend 70g†

Whey Protein Concentrate, Whey Protein Isolate, Milk Protein Isolate, Hydrolyzed Whey Protein, Egg Protein Isolate, Micellar Casein, Milk Protein Concentrate, Calcium Caseinate

Time Release Complex Carbohydrate Blend 175g†

Corn Maltodextrin, Rice Maltodextrin, Karbo-lyn®

Healthy Fatty Acid Blend 9g†

Canola Oil, MCT (Medium Chain Triglycerides), Omega 3 Fish Oil, CLA (Conjugated Linoleic Acid)

Glutamine Blend 1000mg†

L- Glutamine, L-Alanyl-L-Glutamine

Enzyme Blend 50mg†

Protease, Lactase

* Percent Daily Values are based on a 2000 calorie diet.

Other Ingredients: Chocolate Cookie Pieces*, Natural and Artificial Flavors, Sucralose, Acesulfame Potassium, and Soy Lecithin

*Chocolate Cookie Pieces Ingredients: Bleached Wheat Flour, Sugar, Cocoa (Processed with Alkali), Palm Oil, Corn Syrup, Corn Flour, Soy Lecithin, Baking Soda, Salt, and Natural and Artificial Flavors.

Contains Milk, Wheat, Egg, Soy, Tree Nut (Palm), and Fish (Herring, Anchovy, Mackerel, Sardine, Menhaden, Smelt, Tuna, Sand Lance, Salmon)

Typical Amino Acid Profile – Each serving contains:

Essential Amino Acids	Non-Essential Amino Acids
L-Leucine* 6163 mg	L-Arginine 1490 mg
L-Isoleucine* 3250 mg	L-Aspartic Acid 5959 mg
L-Valine* 3183 mg	L-Cystine 1151 mg
L-Lysine 4943 mg	L-Alanine 2905 mg
L-Threonine 3047 mg	L-Glutamic Acid 9480 mg
L-Methionine 1151 mg	L-Glycine 1016 mg
L-Phenylalanine 1828 mg	L-Histidine 1016 mg
L-Tryptophan 813 mg	L-Proline 4198 mg
	L-Serine 3250 mg
	L-Tyrosine 1557 mg

*Total Branched Chain Amino Acids (BCAAs) 12596 mg
 Total Essential Amino Acids (EAAs) 24378 mg
 Total Amino Acids 56000 mg

DIRECTIONS: Mix four scoops of **Ultimate Nutrition Muscle Juice® Revolution 2600** (about 265 grams) with 18 fl oz (532 ml) of water or milk. To maximize muscle gains and enhance your exercise program, take one serving in the morning, and a second serving one hour after your training session. On non-training days, take one serving

between meals in the morning and a second serving between meals in the afternoon. Due to the time release nature of **Ultimate Nutrition Muscle Juice® Revolution 2600**, it is the perfect gainer to be taken right before bed.

Warning: If you have a medical condition or are using a prescription medicine, consult a health care professional before using this or any dietary supplement. If you are a competitive athlete, check with your sports association before using this product. Do not use this product if you are pregnant or nursing. Not recommended for use by those under the age of 18.

- Keep out of reach of children
- Protect from heat, light and moisture
- Store in a cool, dry place; 15 – 30° C (59-86° F)