

## MUSCLE JUICE 2544-STRAWBERRY

Serving Size: 4 Scoops (250g)

19 servings

Amount Per Serving:	%DV
Calories 1020	
Calories from Fat 150	
Total Fat 17g	26%
Saturated Fat 17g	85%
<i>Trans Fat</i> 0g	
Cholesterol 150mg	50%
Sodium 110mg	5%
Total Carbs 162g	54%
Dietary Fiber 0g	0%
Sugars 60g	
Protein 55g	110%
Vitamin A	0%
Vitamin C	0%
Calcium	40%
Iron	8%

<b>Essential Amino Acids:</b>	
L-Leucine 6,112mg	L-Threonine 4,187 mg
L-Isoleucine 3,548mg	L-Methionine 1,223 mg
L-Valine 3,417mg	L-Phenylalanine 1,925 mg
L-Lysine 5,122mg	L-Tryptophan 894 mg
<i>Non-Essential Amino Acids</i>	
L-Arginine 1,485mg	L-Glycine 1,100 mg
L-Aspartic 6,346mg	L-Histidine 1,011 mg
L-Cystine 1,300mg	L-Proline 3,548 mg
L-Alanine 2,929mg	L-Serine 3,039 mg
L-Glutamine 10,973mg	L-Tyrosine 1,753 mg

Directions: Mix 250g (4 rounded scoops) of MUSCLE JUICE 2544 with 18oz of water, juice, 2% milk or your favorite beverage. Mix thoroughly, chill and serve. To encourage maximum muscle weight gain and enhance your exercise program, take 30-45 minutes before workouts and again one hour after completion of your workouts. On non-workout days, take one serving between meals in the AM and another serving between meals in the PM.

Other Ingredients: Protein blend (whey protein concentrate, premium whey protein isolate, calcium caseinate, egg white albumin), maltodextrin, crystalline fructose, medium chain triglycerides, natural and artificial flavors, beet root powder (for color) and soy lecithin.